

Discover the Westmorland Dales

Discover the highlights of the Westmorland Dales

- 1 Overlooked by the Nine Standards, a mysterious remnant of the Dark Ages, the popular market town of **Kirkby Stephen** has many amenities to enjoy. The famous **Settle to Carlisle Railway** line stops about a mile from the town, making it a well-situated base from which to undertake walking and cycling in the area.
- 2 Discover the dramatic **Mallerstang Valley** to the south of the Westmorland Dales. The River Eden cascades down Hell Gill and winds northwards between the high fells of **High Seat** and **Wild Boar Fell**, supposedly where the last wild boar was killed. Mallerstang is an utterly sublime setting for a day of exploration and adventure.
- 3 There are many delightful villages in the area to explore and enjoy, including **Orton**. Brimming with local history and traditions, this pleasant village has plenty to interest visitors all year round. Browse the traditional farmer's market, walk up to the monument on Beacon Hill or encounter our ancient past at **Gamelands Stone Circle** nearby.
- 4 Adventure up to **Great Asby Scar Nature Reserve** and appreciate this sensational vantage point. Here you can explore some of Britain's best-preserved limestone pavements and admire this haven for remarkable plant life and birds. The plateau offers intense wide-open space and breath-taking views.
- 5 Delve deeper into the region's railway heritage at **The Railway Church in Tebay**. The church includes fascinating displays on the social and industrial history of the area. While the interior of the church is a monument to the town's nearly 200 year old relationship with the railway.

7 Sunbiggin Tam

Experience the tranquillity of this remote haven on Wainwright's Coast to Coast route. Sunbiggin Tam affords visitors a stunning place to take a break as you cycle from Orton to Crosby Garrett. Witness many resident and migrating bird species, such as the Great Crested Grebe and Wheatear.



8 Maulds Meaburn

Delight in traditional village charm when you visit the ancient village of Maulds Meaburn. Just off the beaten track, this peaceful retreat is a perfect spot for a leisurely picnic by the clear waters of the little River Lyvennet.



9 Stenkrith Gorge and Park

Appreciate this impressive geological phenomenon from the riverside paths and Millennium bridge as the River Eden crashes through the gorge below. From here you can follow pleasant riverside trails, including the family-friendly Poetry Path, the Viaducts Walk to Hartley or a shorter walk into historic Kirkby Stephen.



10 Stainmore Steam Heritage Railway

Enjoy a piece of history with all the family at the railway heritage centre in Kirkby Stephen, open from Easter to Christmas.

6 Crosby Ravensworth Fell

Climb to the commons on top of the fell from the picturesque village of Crosby Ravensworth. The hamlet of Oddendale is surrounded by archaeological features to explore, while the Black Dub monument records where a defeated Charles II rested his army on his return from Scotland.



Legend of Map Signs & Symbols

Visitor information	Information icon	National Cycle Network	Thick blue line
Settlement	Black dot	Lakes & Dales Loop	Thin blue line
Church	Church icon	Pennine Cycleway	Thin blue line
Castle	Castle icon	Walney to Wear Cycleway	Thin blue line
Railway station	Train icon	Footpaths	Thin grey line
High Point	Peak icon	The Coast to Coast	Thin grey line
Rivers & becks	Blue line	Lady Anne's Way	Thin grey line
Railway line	Thick grey line	The Dales Highway	Thin grey line
The Yorkshire Dales National Park Boundary			
0 Kilometres 3 4 5 6 7			
0 Miles 2 3 4 5			



13 Smardale Gill Nature Reserve and Viaduct

Stroll along a disused railway line through an imposing ravine in the limestone fells. All will revel in spotting a wonderful array of rare wildlife, including Scotch Argus butterflies, red squirrels and roe deer. This accessible day out offers bountiful nature, intriguing geology and impressive industrial archaeology.

12 Bowber Head Hay Meadows

Saunter through lush 'herbie' meadows near Ravenstonedale in the summer, surveying an abundance of flowering herbs, including wood crane's-bill and betony. Children will delight in spotting minibeasts in this truly special setting.

